

What's more important than peace of mind?

Take control of your health with an on island **Advanced Health & Wellbeing Assessment.**

A multi-generational family of seven people is walking through tall, golden-brown grass on a hill. In the foreground, a young girl in a pink jacket and blue overalls is smiling. Behind her are two more children, a woman, a man, and two older adults, all smiling and looking towards the camera. The background shows a clear blue sky and rolling hills.

Medical
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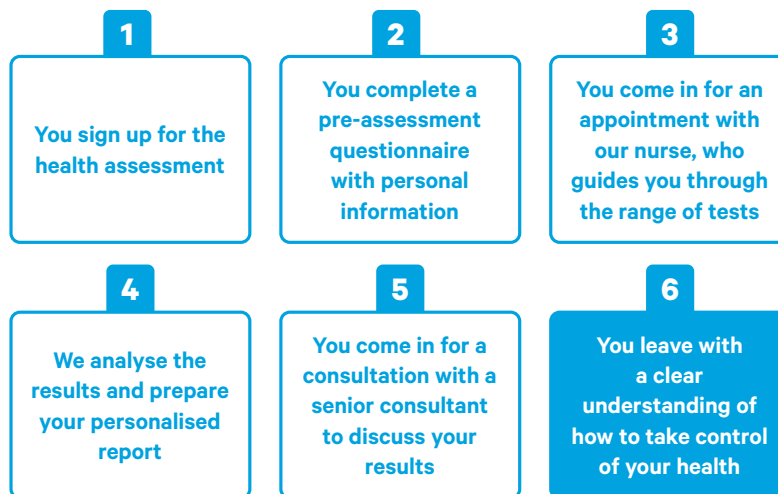
Trust the experts at MSG with a comprehensive consultant led analysis of your health and physical wellbeing. Using 47 different lifestyle, medical and non-invasive tests, our assessments help you understand how to take control of your health – discussing potential issues whilst also reinforcing good behaviours and giving you a personalised health profile:

- ✓ Peace of mind about your health and wellbeing
- ✓ Improve your awareness of potential health conditions
- ✓ Time to talk to a senior consultant about issues or concerns
- ✓ Access early disease detection, diagnosis and action
- ✓ Direct referrals to specialists if needed
- ✓ Personalised wellness programme
- ✓ On island – no need to travel

What's included?

- A comprehensive range of 47 tests using the latest health testing technology, including:
 - Physical markers including BMI, blood pressure, ECG
 - Blood tests & heart function
 - Cholesterol and glucose
 - Thyroid
 - Liver function
 - Bone function
 - PSA for prostate health (men)
 - Prostate examination (men)¹
 - Pelvic ultrasound (women)¹
 - Testicle examination (men)¹
 - Bladder scan (men)¹
- A 1 hour consultation with a senior MSG consultant
- A detailed personalised report
- The "Gold" option also includes a personal wellbeing and lifestyle assessment with a registered musculoskeletal practitioner

How does it work?



SILVER Assessment

47 tests
and consultation
with senior consultant

£895

GOLD Assessment

47 tests and consultation with
musculoskeletal practitioner and
senior consultant

£1095

Extra tests can be bolted on as required, including Smear test, STI screen, HVS and Breast examination.

**Get in touch now to find out more
or to book your assessment today**



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¹ These tests are only provided if deemed appropriate by the Consultant.